



# Churchfields Infants' School

Spring Term, Issue 26  
27th March 2026

## Weekly Newsletter

**Growing Together: Every Day In Every Way**

Value of the month  
**Honesty**

### Happy Easter, Chag Sameach and Happy Holidays!

### Philosophy Friday

Have a go at this question at home with a grown-up!

**Would you rather chocolate eggs or real eggs for Easter?**

**Why?**

### DIARY DATES:

**Last Day of Term**  
27th March

**Spring Holiday**  
30th March - 10th April

**First Day of Term**  
13th April

**Nursery Stay and Play**  
20th April

What a fantastic term it has been! We are so proud of all the children and the progress they have made in their learning. We wish all our families a restful and enjoyable break, and we look forward to welcoming everyone back on Monday 13th April.

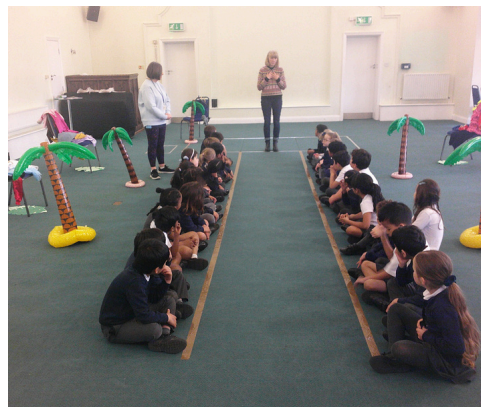
### Eid

Following the holy month of Ramadan, Eid al-Fitr was celebrated on Friday 20th March 2026. As part of our learning, the children explored the meaning of Eid and shared dried fruits together in class. Children either wore their special Eid clothes or party outfits. It was a lovely day with children learning about their friends' beliefs and is an important part of our personal development curriculum.



### Easter

Our Year 2 children enjoyed a visit to Salway Church, where they took part in an Easter Trail. During their visit, they learned about key parts of the Easter story, including Palm Sunday, the Last Supper, and the death and resurrection of Jesus. Ann also visited Year 1 this week to talk about the story with them.



### Book Club

Look at the fabulous books the children made at Book Club with Mrs Anderson. Well done everyone!



For other important dates, please visit the Calendar page on our school website.

## Rainbow Theatre's Great Fire of London

Year 1 had an amazing visit from Rainbow Theatre London, who performed an immersive re-enactment of the Great Fire of London. The children were taken back to 1665 and 1666 where they met King Charles II and Samuel Pepys amongst many others. Every child had a part in exploring what life would have been like during those times and did a wonderful job in helping to act out these events. The staff were impressed at the children's prior knowledge and we all had a lot of fun! Please see more photos on our website, [here](#).



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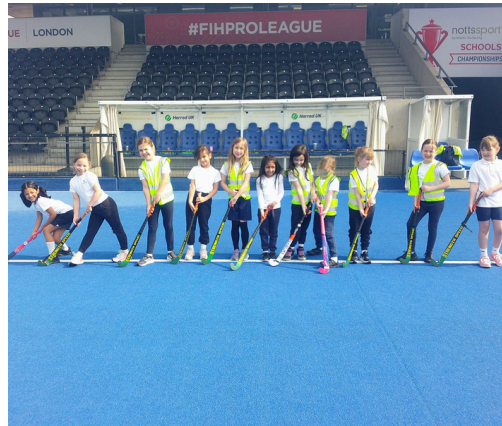
## Nursery Potatoes

In the Nursery during group time, we planted potatoes as part of our learning about spring, new beginnings, and growth. The children enjoyed exploring the potatoes through touch and discussing what will happen as they begin to grow!



## Year 2 Visit Lee Valley

On Monday some of our Year 2 children visited Lee Valley Hockey and Tennis Centre to play a hockey tournament on the Olympic pitch. We had full use of the facilities, including the changing rooms used by the England men's and women's hockey squads and the dug outs where the teams sit! We were able to explore the stands and see the incredible facilities they have there. Everyone represented the school beautifully and we are really proud of their hockey skills. Visit our website [here](#) for more photos.



## 'Little Read' with Nursery

Following on from the success of our school Big Read sessions, we have started some Nursery 'little read' sessions. We are delighted to welcome our new reading volunteers, who are volunteering to come into nursery on a regular basis for an hour at a time to read stories with the children. This has been very popular as you can see from the photos!



## Next Stay and Play

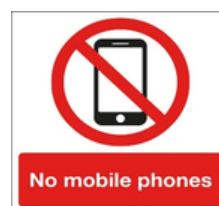
Spend some time playing with your child in Nursery! Nursery are hosting a Stay and Play on **Monday 20<sup>th</sup> April**.

**Morning session 8:45 – 10:00 am**

**Afternoon session 1:00 – 2:00 pm**

**(from 12:45 pm for parents of afternoon children)**

Please remember not to use mobile phones while on-site. Younger children are welcome but must be kept with you.



## Weekly Maths Challenge

### Reception

Can you collect groups of 9 objects from both indoors and outdoors. For example, nine leaves, nine stones, nine play figures...

Can you create your own book, 'My Book of 9', by sticking the objects into a plain-paged book, where appropriate, or by sticking in photos of the objects?



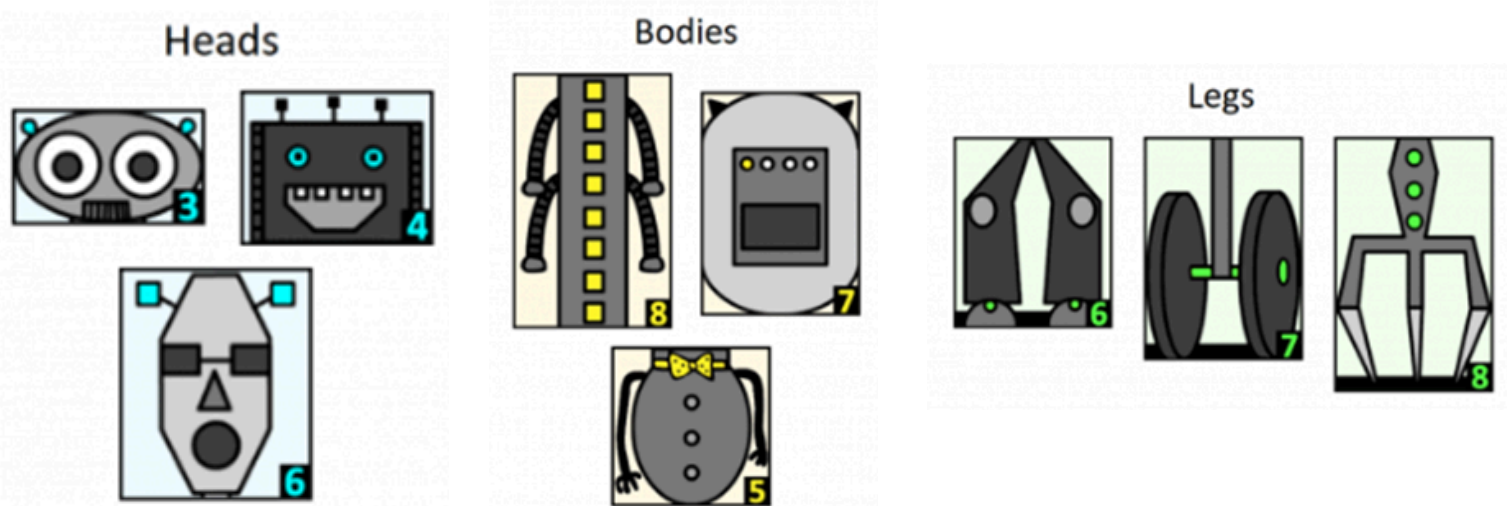
### Years 1 and 2

Using some of these robot parts, make a robot monster!

You might like to print off and cut out the parts from the printable sheet at the top of this page.

Alternatively (or as well), you could use this link to try out your ideas interactively:

<https://nrich.maths.org/problems/robot-monsters>



- The numbers show how tall the parts are in centimetres. How tall is your robot monster?
- How tall is the tallest robot monster you can make?
- What about the shortest robot monster?
- What other heights could your robot monster be?
- Can you find all the possible heights of a robot monster? How do you know you have found them all?



## E-Safety Tip of the Week!

### Device Rules

An agreed set of family rules can help to promote safe and responsible use of devices. By developing rules, conversations around boundaries and expectations are encouraged and a healthy balance with screentime can be managed. Please see the attached poster for further information.



# 10 Top Tips for Parents and Educators

## CREATING FAMILY RULES FOR USING DEVICES

A set of family rules agreed on with children can promote the safe, responsible use of devices like tablets, smartphones, gaming consoles and computers. By developing rules around technology, it opens the conversation regarding boundaries and expectations, ensuring a healthy balance of screentime. This guide will help you to develop an age-appropriate family agreement to suit your household.

### 1 WORK TOGETHER

Collaborating with children when setting rules around the use of technology is a valuable task that can encourage them to take more ownership. It's important to make rules which reflect your family and are age appropriate. Think about what you all enjoy doing online and what apps, games or devices children use most frequently.

### 2 AGREE TIME LIMITS AND SUITABLE TIMES

Be realistic when setting screen time limits. These can vary depending on the child's age, whether it's a weekday or weekend, and what they're actually doing online. If they're conducting research for homework, that might require more time than if they were playing games. Consider when screen time begins: does it come after chores and homework? Agree times when technology and phones must be put away.

### 3 ENCOURAGE HONESTY

Family rules ensure that everyone can have fun with their devices and be safe while doing so. Nonetheless, children may make mistakes as they learn to navigate the online world. Emphasise that if they ever feel worried, unsafe or upset about something they've done, sent, said or received, they should tell you immediately so you can help them resolve the problem.

### 4 CHARGING AND OVERNIGHT STORAGE

To ensure children get the downtime they need overnight, it's important that devices – especially smartphones – are kept in a common space, where possible. This reduces the chance of pointless late-night scrolling or sleep being disturbed by calls, messages or notifications. There are charging boxes you can purchase, or all gadgets could be charged in the kitchen overnight to avoid distractions.

### 5 REVIEW RULES REGULARLY

Anything you agree on isn't set in stone. These rules will likely alter as children get older and the way they use technology changes. Take time to review these as a family; discuss what's working, and what isn't. Communication is key – so by doing this, you involve the child in their own online safety while promoting an open dialogue.

### 6 PROTECT PERSONAL INFO

Discuss and demonstrate the importance of protecting your personal information. Talk about what details you share online and who with. Use parental controls to block children from connecting with strangers, so that any information they do share is among their real friends. Ask a child's permission before posting any photos of them on social media, as this demonstrates positive online behaviour that they should learn and remember.

### 7 BE RESPECTFUL

Highlight the importance of showing respect to others when using technology. Encourage children to speak kindly to others online – such as on social media, when playing multiplayer games or in group chats (which can often lead themselves to teasing behaviour). Explain that if they aren't treating others considerately, they might be made to stay away from their devices for a while.

### 8 "NO TECH" ZONES

Designating spaces in the house where technology isn't allowed (for example: bedrooms, bathrooms and at the dinner table) lets you keep an eye on what children are viewing and who they're communicating with. It gives you some quality, screen-free time with them, too. It also helps reduce any impulses to potentially engage with inappropriate content, as they're unlikely to do so in a common space within the home.

### 9 AGREE ON CONSEQUENCES

As a family, discuss why the rules are important: to balance their screentime, to ensure everyone enjoys gaming or interacting online, and that they are safe when doing so. Therefore, if these rules are broken, there has to be a consequence. Discuss what would be fair for certain breaches of the rules, as this can prevent a disproportionate response in the future.

### 10 KNOW ALL PASSWORDS

To protect children from inappropriate content, parents should have access to all passwords. Parents should also make it clear that they will check children's devices, should they have any concerns about their use. Emphasise that this isn't due to a lack of trust but is an extra way of keeping them safe.

## Meet Our Expert

Dr Claire Sutherland is an online safety consultant at BCyberAware. She has developed and implemented anti-bullying and cyber safety workshops and policies for schools in Australia and the UK. Claire has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviours of young people in the UK, USA and Australia.



#WakeUpWednesday®

The National College®

Source: See full reference list on guide page at: [nationalcollege.com/guides/tips-for-creating-family-rules-for-using-devices](https://nationalcollege.com/guides/tips-for-creating-family-rules-for-using-devices)

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### A Mother's Day Thank You

Churchfields PTA would like to thank everyone who volunteered to support the Mother's Day Gift Sale – your time is precious, and we are truly grateful that you chose to share it with us.

A big thank you also goes to all the children and parents who purchased gifts. We hope mums enjoyed a glorious Mother's Day and felt a little spoiled on their special day. We raised a **WHOPPING £1,853.12**, which will go towards improving our school for every child who attends.

We are equally grateful to Café Dada and Mahzens Chocolatier for partnering with us. To everyone who purchased a coffee-date voucher, we hope you enjoy your special moments together!

### PTA Role Call-Out

Churchfields parents – do you want to get involved in PTA fundraising?

We are a warm and welcoming committee, and we would be delighted to work with community-minded parents who can support the vital role of fundraising officer, to support the fun events we have planned across the year. To register your interest, please email [pta.churchfields@gmail.com](mailto:pta.churchfields@gmail.com) with “Events Officer” in the subject line.

### Tell Us What You Think

Churchfields PTA works for you and for every child across the Nursery, Infants, and Junior School. We want our work to reflect your views.

We are inviting parents to share what kinds of events they would like to see and how we can best represent our school community. Please take a few minutes to complete our survey.

**Parent Survey:** <https://forms.gle/a1ZWD8yTCMbDkpg09>

### Volunteers Needed!

We have a number of exciting events planned for the Summer term and truly appreciate parent support – quite simply, we can't do it without you.

Please take a moment to review the volunteering opportunities for the Father's Day Sale (June 12) and the Summer Fayre (June 13). Even an hour of your time is invaluable.

**Father's Day Sale Volunteers:** <https://forms.gle/bKfrxddoV5oPEajE8>

**Summer Fayre Volunteers:** <https://forms.gle/dHod5NJyVyGefsmE6>

### Introducing Improve Your Smile

We are delighted to announce a new partnership with Improve Your Smile, proud sponsor of Churchfields PTA. We are excited to have them on board to support our work in improving the school experience for every child.

They offer free NHS spaces for any child attending Churchfields (when booking an appointment, please mention that your child attends the school to take advantage of this offer), and we look forward to collaborating with them in the coming year.

For more information, please visit: [Improve Your Smile dentist in Woodford Green, Essex](https://www.improveyoursmile.co.uk/)



**E-mail:**

[pta.churchfields@gmail.com](mailto:pta.churchfields@gmail.com)

**Website:**

<https://www.facebook.com/churchfieldsschoolpta>

