

Year Two History

Year Two have been fascinated to learn about the sinking of The Titanic this half term. They have focused on a range of historical enquiry questions and explored a range of sources, including pictures and personal accounts, to develop their understanding of the events that took place. They have worked hard to explore the possible causes of the disaster and why more people could not have been saved on an 'unsinkable' ship, and have shown they have understood the historical significance of this across the world, including learning about safety measures that have been put in place as a result. As a culmination of their learning about The Titanic, children have written their own newspaper articles about the disaster. We're sure you'll agree children have demonstrated their high level of knowledge and understanding of the disaster as budding historians!



Year One Geography

Our Year One children have been exploring the human and physical geography of our local area this half term. They have been working hard to determine the difference between human and physical features, and this week they have been out and about in South Woodford to identify them for themselves! Having spotted some human features in the more immediate vicinity of the school, they walked to Mill Plain to experience some of the physical features we are lucky enough to have so close by. When children returned to school, they created a class map to show some of the features they spotted, using symbols to represent them. Well done for all your hard work, Year One!



Philosophy Friday

Have a go at this question at home with a grown-up!

Would it be a good thing or a bad thing if people had 8 legs?

Why?

DIARY DATES:

Half Term

19th - 23rd February

INSET Day

26th February

World Book Day

8th March

Big Read

8th March

PTA Mother's Day Sale

8th March

Online Safety Workshop

15th March at 9:00am

Stay & Play

21st March

Victorian Dress-Up Day

22nd March

PTA Easter Egg Hunt

28th March

For other important dates, please visit the Calendar page on our school website.

RSHE In Key Stage 1

This half term, Year 1 have been busy thinking about how to be a good friend, understanding how to make others feel welcome, and knowing how and why to ask for help if experiencing difficulties with friendship. Year 2 have been thinking about what it means to be part of a family, the importance of a family being there to support and care for us, and revisiting the concept of 'trusted adults'. Children have done this through age-appropriate stories and videos, and they have demonstrated our school values of 'thoughtfulness' and 'responsibility' when engaging in class discussions. Well done, Years 1 and 2!



Philosophy Club

Mrs Hodgkinson and Mrs Paczynska have been really impressed by all the children in Philosophy Club this term. They have shown a strong ability to express their own thoughts, listen to others' ideas and think creatively. This week they worked collaboratively in small groups to pack a suitcase for a holiday. They were only allowed to choose six items which led to some very interesting discussions about what they thought is essential for a trip.

Have a look at some of their pictures to see what they packed!

What would you choose to pack if you could only take six things?



Attendance Bear

The Attendance for the whole term is as follows:

- 1st** Panda 99%
- 2nd** Starfish 98%
- 3rd** Giraffe 97%

Well done everyone!



Food On Site

We have several children with serious allergies across the school. **Please be reminded that if you bring a snack for your child to enjoy at home time or after a club, they must consume it once they leave the main school gates and not on our crowded premises.** Recently, a child was given a peanut butter sandwich to eat on site. This could have serious consequences for some of our children. Please help us to keep our school safe. Thank you.



Walk To School Challenge



The school are entering into the WOW - the walk to school challenge.

You will receive an email with a template for the children to design their own badge.

The theme this year is 'Walk with Imagination' we want you to imagine a different walk to school and draw it. What would it feel to fly like a bird, hop around like a kangaroo or even moon walk like an astronaut?

Explore your surroundings and re-imagine your walk however you like. The design needs to be returned to school by **26th February**. The entries will be judged by WOW - the walk to school challenge campaign, which encourages pupils to walk, wheel, cycle or scoot to school by rewarding them each month with a special WOW badge! The winning design will be turned into an actual badge!

We can't wait to see your designs.

PTA Mother's Day Sale

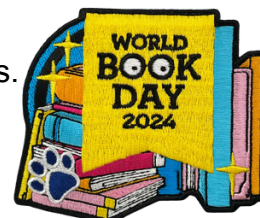
The PTA are hosting a Mother's Day sale. If you would like your child to purchase a gift for their loved one. Please send them into school (Reception, Y1 and Y2 only) on **Friday 8th March** with a named envelope containing the money.



World Book Day And The Big Read

It's nearly World Book Day and we are busy planning a wonderful day of exciting activities.

We will celebrate on **Friday 8th March**, please send children into school in weather appropriate pyjamas and shoes (no onesies or slippers).



We will also host our Big Read at **9:15 am** on **Friday 8th March**. Our Big Reads are a chance to come into school, read and share stories with your child/ren - save the date.

Please bring in a photograph (that can be used on display in school) of your child/ren reading in an unusual place. We will use the photographs as a stimulus for poetry writing. Please bring your photograph to school or email it to class teachers by Friday 1st March.

Online Safety Workshop

Last week, we sent a detailed letter about e-safety. Please do take a look if you haven't yet had an opportunity to do so. As part of this, we have provided information about an upcoming parent workshop.

On **Friday 15th March, at 9:00am**, we will be hosting an online safety workshop in the school hall. This event is open for all parents and carers to attend. It is designed to cover a range of topics, such as age-ratings, parental controls and helping your child to develop healthy online habits in a rapidly advancing technological age. Afterwards, at 9:30am, we will run a drop-in session until 10.30am. The aim of this is for you to come by and request support with devices, or to speak with us individually about any queries or concerns.

Donations

We are seeking donations of pallets, tree stumps, tyres, or wire reels to enhance our outdoor area. If you have any spare donations, please bring them to the office.

Nursery Stay & Play

Spend some time playing with your child in Nursery! Nursery are hosting a Stay and Play on **Thursday 21st March**.

Morning session 8:45 – 10:00 am

Afternoon session 1:00 – 2:00 pm

(from 12:45 pm for parents of afternoon children)

Please remember not to use mobile phones while on-site. Younger children are welcome but must be kept with you.



Victorian Dress-Up Day

We are celebrating our 150th year and we are working together alongside our PTA to organise a number of exciting events over the year.

We are delighted to announce that we will be holding a special dress-up day on **Friday 22nd March** as part of our celebrations. This event will include the nursery, infants and junior school children and we are asking that the children come to school dressed as pupils would from the Victorian era.

Please do not feel pressured to buy expensive costumes. It is time to be creative and use what you can find at home. As part of the day, we ask that pupils bring a penny to school as they would have back in 1874. We are both looking forward to this wonderful opportunity to learn about life at Churchfields in the past and celebrate our history.

Please see the letter sent on Thursday 1st February for more information.



E-Safety Tip of the Week!



Top Tips for Managing Screen Time

Please see attached an informative poster about managing screen time effectively at home; this includes lots of advice and helpful tips.

NSPCC



internet
matters.org

Be Internet Legends.



Phone: 0208 505 0386

Website: www.churchfieldsinfant.com

E-mail: admin@churchfieldsinfants.redbridge.sch.uk

Top Tips for...

MANAGING SCREEN TIME

According to the latest stats, people aged between 8 and 17 spend four hours on digital devices during an average day. Obviously, a new year is ideal for fresh starts and renewed efforts – so lots of families are trying to cut down their combined screen time right now, creating more moments to connect with each other and relying less on gadgets to have fun. Our top tips on reducing screen time are for everyone, so you can get your whole family involved in turning over a new leaf this year!

GET OUT AND ABOUT

If the weather's decent, spend some time in the garden or go for a walk. Even a stroll to the local shop would do: the main thing is getting some fresh air and a break from your screen.

TRY A TIMED TRIAL

When you're taking a screen break to do a different activity or a chore, turn it into a game by setting yourself a timer. Can you complete your task before the alarm goes off?

GO DIGITAL DETOX

Challenge yourself and your family to take time off from screens, finding other things to do. You could start off with half a day, then build up to a full day or even an entire weekend.

LEAD BY EXAMPLE

Let your family see you successfully managing your own screen time. You'll be showing them the way, and it might stop some of those grumbles when you do want to go online.

AGREE TECH-FREE ZONES

Nominate some spots at home where devices aren't allowed. Anywhere your family gathers together, like at the table or in the living room, could become a 'no phone zone'.

HOLD A SCREEN TIME AMNESTY

As a family, agree specific windows when it's OK to use devices. This should help everyone to balance time on phones or gaming with enjoying quality moments together.

BE MINDFUL OF TIME

Stay aware of how long you've been on your device for. Controlling how much time you spend in potentially stressful areas of the internet – like social media platforms – can also boost your wellbeing.

'PARK' PHONES OVERNIGHT

Set up an overnight charging station for everyone's devices – preferably away from bedrooms. That means less temptation for late-night scrolling.

SWITCH ON DND

Research shows that micro-distractions like message alerts and push notifications can chip away at our concentration levels. Put devices on 'do not disturb' until you're less busy.

TAKE A FAMILY TECH BREAK

Set aside certain times when the whole family puts their gadgets away and enjoys an activity together: playing a board game, going for a walk or just having a chat.

SOCIALISE WITHOUT SCREENS

When you're with friends, try not to automatically involve phones, TVs or other tech. Having company can be loads more fun if your attention isn't being split.

WIND DOWN PROPERLY

Try staying off phones, consoles, tablets and so on just before you go to sleep. Reading or just getting comfy in bed for a while can give you a much more restful night.

Meet Our Expert

Minds Ahead design and deliver the UK's only specialist postgraduate mental health qualifications. They also provide training and support to education organisations and local authorities – empowering school leaders and staff with the knowledge and tools to shape their settings into inclusive communities where the mental health of pupils and personnel is prioritised.



DEVICE BOX

The National College



National Online Safety

#WakeUpWednesday