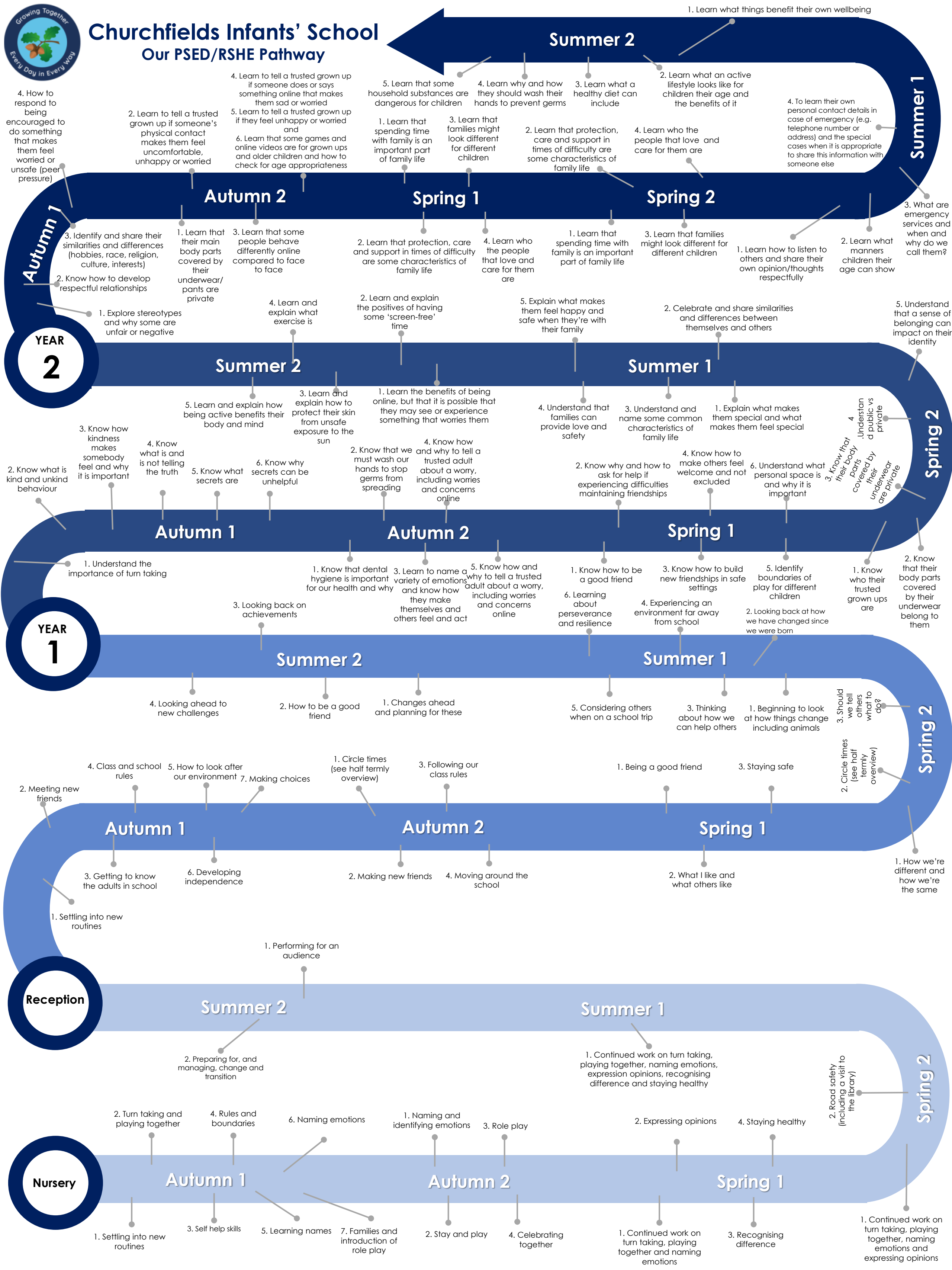




Churchfields Infants' School

Our PSED/RSHE Pathway



4. How to respond to being encouraged to do something that makes them feel worried or unsafe (peer pressure)

2. Learn to tell a trusted grown up if someone's physical contact makes them feel uncomfortable, unhappy or worried

4. Learn to tell a trusted grown up if someone does or says something online that makes them sad or worried
5. Learn to tell a trusted grown up if they feel unhappy or worried and
6. Learn that some games and online videos are for grown ups and older children and how to check for age appropriateness

5. Learn that some household substances are dangerous for children

4. Learn why and how they should wash their hands to prevent germs

3. Learn what a healthy diet can include

2. Learn what an active lifestyle looks like for children their age and the benefits of it

4. To learn their own personal contact details in case of emergency (e.g. telephone number or address) and the special cases when it is appropriate to share this information with someone else

3. Identify and share their similarities and differences (hobbies, race, religion, culture, interests)
2. Know how to develop respectful relationships

1. Learn that their main body parts covered by their underwear/pants are private

2. Learn that protection, care and support in times of difficulty are some characteristics of family life

3. Learn that families might look different for different children
4. Learn who the people that love and care for them are

2. Learn that protection, care and support in times of difficulty are some characteristics of family life

4. Learn who the people that love and care for them are

1. Learn how to listen to others and share their own opinion/thoughts respectfully

2. Learn what manners children their age can show

3. What are emergency services and when and why do we call them?

1. Explore stereotypes and why some are unfair or negative

4. Learn and explain what exercise is

2. Learn and explain the positives of having some 'screen-free' time

5. Explain what makes them feel happy and safe when they're with their family

2. Celebrate and share similarities and differences between themselves and others

5. Understand that a sense of belonging can impact on their identity

2. Know what is kind and unkind behaviour
3. Know how kindness makes somebody feel and why it is important

4. Know what is and is not telling the truth

5. Learn and explain how being active benefits their body and mind

3. Learn and explain how to protect their skin from unsafe exposure to the sun

1. Learn the benefits of being online, but that it is possible that they may see or experience something that worries them

4. Understand that families can provide love and safety

3. Understand and name some common characteristics of family life

1. Explain what makes them special and what makes them feel special

4. Understand that public vs private
3. Know that their body parts covered by their underwear are private

1. Understand the importance of turn taking

3. Looking back on achievements

1. Know that dental hygiene is important for our health and why

3. Learn to name a variety of emotions and know how they make themselves and others feel and act

5. Know how and why to tell a trusted adult about a worry, including worries and concerns online

1. Know how to be a good friend
6. Learning about perseverance and resilience

3. Know how to build new friendships in safe settings
4. Experiencing an environment far away from school

5. Identify boundaries of play for different children
2. Looking back at how we have changed since we were born

1. Know who their trusted grown ups are
2. Know that their body parts covered by their underwear belong to them

2. Meeting new friends

4. Looking ahead to new challenges

2. How to be a good friend

1. Changes ahead and planning for these

5. Considering others when on a school trip

3. Thinking about how we can help others

1. Beginning to look at how things change including animals

3. Should we tell others what to do?
2. Circle times (see half termly overview)

3. Getting to know the adults in school
1. Settling into new routines

4. Class and school rules
5. How to look after our environment
7. Making choices

1. Circle times (see half termly overview)

3. Following our class rules

1. Being a good friend

3. Staying safe

2. Circle times (see half termly overview)
1. How we're different and how we're the same

1. Performing for an audience

2. Preparing for, and managing, change and transition

1. Continued work on turn taking, playing together, naming emotions, expression opinions, recognising difference and staying healthy

2. Road safety (including a visit to the library)

2. Turn taking and playing together
4. Rules and boundaries
6. Naming emotions

1. Naming and identifying emotions
3. Role play

2. Expressing opinions
4. Staying healthy

1. Continued work on turn taking, playing together, naming emotions and expressing opinions

1. Settling into new routines
3. Self help skills
5. Learning names
7. Families and introduction of role play

2. Stay and play
4. Celebrating together

1. Continued work on turn taking, playing together and naming emotions
3. Recognising difference